

Kursplan - Stand: 11.12.2018 - gültig bis 22.12.2018

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
08:30 - 09:20 Tower (B)	09:00 - 09:50 Matte (B)					
		09:30 - 10:20 Matte (I/A)			10:00 - 10:50 Studio Class (I/A)	
					11:00 - 11:50 Pure Mat (O)	
17:30 - 18:20 Newcomer				17:00 - 17:50 Studio Class (B/I)		
18:30 - 19:20 Tower (B/I)	18:00 - 18:50 Matte (I)	17:30 - 18:20 Newcomer	18:00 - 18:50 Matte (I)	18:00 - 18:50 Tower (B/I)		
	19:00 - 19:50 Studio Class (I/A)	18:30 - 19:15 Tower (B)	19:00 - 20:15 Yoga			

B = Beginner  
I = Intermediate  
A = Advanced  
O = Open Class

**\*\*auf Anfrage  
Anmeldung für alle Kurse erforderlich!**